

Banana Pancakes



These are amazing and the best bit...your kids will love them. They are my daughters fave.

Pancake Ingredients: -

- 2 free range/organic eggs
- 1 Banana
- 1 heaped tablespoon of coconut flour OR ground almonds
- 1 heaped teaspoon milled chia seeds (optional)
- 1 tablespoon ground almonds (optional)

Method:

- blitz ingredients in a food processor.
- Heat a pan with a knob of butter
- Add a small ladle of mixture to the pan and cook until golden brown each side.

Top with: - Berries - Pecans - Full Fat Thick Cream - Sprinkle of cinnamon

Above should make 6 pancakes. Double the ingredients for more pancake mixture.

Voila Bon Appetit

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